## remote patient monitoring by enable healthcare



Always keep smartphone plugged into charger.

### **Getting Started**

**01.** Remove the smartphone and charger from box. The phone is sufficiently charged for the first use. Take out the Blood Pressure machine (batteries are already placed in).

02. Start your phone, power ON button is on the right side. Hold button until the Samsung logo appears. Be sure the phone is turned on before you take a reading. (see *diagram 01*)

**03.** The smartphone and blood pressure machine have already been connected for you. The phone needs to remain on for continued connection.



diagram 01

04. Insert cuff tubing connector into blood pressure monitor. (see diagram 02)

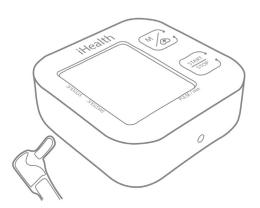


diagram 02

**05.** Take a reading: Place the cuff on the left arm and align the tubing along the middle of your upper arm, as indicated on the cuff. Place your arm on a table to keep it elevated. Make sure to keep your feet flat on the ground. (see diagram 03)

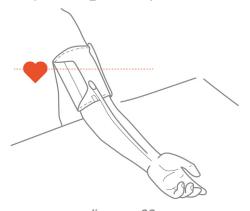


diagram 03

This is not an emergency response unit. If you are experiencing any unusual symptoms, please seek medical help immediately, or dial 911.

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#### **Getting Started (cont'd)**

06. Press start on the BP machine. Once you have a reading, press M/cloud button on the BP machine to sync data to the phone. (see diagram 04).



07. You can look out for audio queues indicating your readings have been uploaded from the mobile phone. Your readings have been synced.

### **Important**

Make sure the phone is ALWAYS on charge. Removing the phone from the charger can lead to connection issues.

If any issues occur, please contact RPM support at 973-421-5222.

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